

# COMMITMENT TO YOUTH AND CHILD SAFETY

The Hockomock Area YMCA serves over 30,000 members, more than half under the age of 18. We provide pre-school childcare at our three full facility branches, school age childcare at our full facility branches as well as offsite locations throughout our fifteen community service area, and nursery school in North Attleboro, Franklin, and Mansfield.

We are proud and respectful of the trust parents place in our YMCA. A safe environment for children combined with quality programming is an important part of our focus on youth development, healthy living, and social responsibility.

Our core values of caring, honesty, respect, and responsibility are part of everything we do. We place great value on providing the most child-safe environment possible and creating an atmosphere where children grow and thrive.

We are a  
**KNOW. SEE. RESPOND.**  
Organization



**KNOW**



**SEE**



**RESPOND**

Rev. 10/22/20

## CHILD SAFE RESOURCES

For reporting suspected child abuse or neglect in Massachusetts, call the Department of Children and Family Services:

- North Attleboro, Attleboro, Norton, and Mansfield. 508-821-7000
- Foxboro, Sharon, Plainville, Wrentham, and Norfolk. 781-641-8500
- Franklin, Bellingham, Medway, Milford, Millis, Hopedale, and Medway. 508-929-1000

After 5:00 p.m. and on weekends call the Judge Baker's Children's Center Child-at-Risk hotline at 1-800-792-5200.

## OTHER COMMUNITY RESOURCES

- **PARENTAL STRESSLINE**  
A 24-hour hotline for support & guidance in Massachusetts. 1-800-632-8188
- **CHILDEHELP'S NATIONAL CHILD ABUSE HOTLINE**  
1-800-4-A Child (1-800-422-4453)
- **NEW HOPE**  
A 24-hour domestic violence and sexual assault hotline. 1-800-323-4673
- **THE CHILDREN'S ADVOCACY CTR OF BRISTOL COUNTY** *a program of JRI* 508-674-6111
- **NORFOLK ADVOCATES FOR CHILDREN**  
1-508-543-0500

### HOCKOMOCK AREA YMCA

[hockymca.org](http://hockymca.org)

#### BERNON FAMILY BRANCH

45 Forge Hill Road  
Franklin, MA 02038  
508-528-8708

#### INVENSYS FOXBORO BRANCH

67 Mechanic Street  
Foxboro, MA 02035  
508-543-2523

#### NORTH ATTLEBORO BRANCH

300 Elmwood Street  
N. Attleboro, MA 02760  
508-695-7001

#### MANSFIELD ARTS & EDUCATION CENTER

40 Balcom Street  
Mansfield, MA 02048  
508-339-3066



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OUR COMMITMENT TO CHILD PROTECTION & SAFETY



**HOCKOMOCK AREA YMCA**

# CREATING A CHILD SAFE ENVIRONMENT

## We take the following steps to keep children in our programs safe:

- Detailed employment application forms.
- Comprehensive reference checks that include standardized questions that assess risk for abuse.
- Criminal Offender Record Information (CORI) check & Sexual Offender Registry Information (SORI) check.
- Statement of compliance with the Hockomock Area YMCA Code of Conduct and Abuse Prevention Policies. Please read our staff Code of Conduct. If someone is non-compliant, let us know immediately.
- All staff complete an extensive Child Abuse Prevention Training Program.
- Supervisors complete additional training to further promote a child safe environment.
- Staff and volunteers are mandated to report any suspected child abuse.
- Staff are prohibited from working 1-on-1 with or contacting youth outside of the Y (including babysitting and social networking).
- Policies exist to ensure staff & volunteers are not alone with a child. All interaction between a staff and child must be observable and interruptible.

Employees who are trained in abuse prevention are more likely to understand their role as protector, to recognize the signs that abuse is occurring, and to report suspicious or inappropriate behaviors. Trained staff members are also less likely to place themselves in situations where they could be falsely accused.



KNOW

## INFORMATION ABOUT ABUSE

**We want all children to be safe. Unfortunately child abuse does exist, taking on many forms.**

**Emotional:** Threatening a child or using words that can hurt a child's feelings and self-esteem, withholding love and support from a child.

**Physical:** Causing injuries to a child on purpose, such as bruises, burns, scars, broken bones, etc.

**Sexual:** Having sexual contact in any form with a child, including exposing, fondling, intercourse, pornography, or internet solicitation.

**Neglect:** Not providing children with enough food, clothing, shelter, medical care, hygiene, supervision, etc.



SEE

## 9 WARNING SIGNS OF CHILD ABUSE

- Unkempt or malnourished appearance
- Unexplained bruises, welts, or burns
- Disturbed sleeping or eating patterns
- Abrupt changes in behavior, anxiety, clinging, aggressiveness, or withdrawal
- Sexually transmitted diseases and infections
- Discomfort with physical contact
- Fear of a certain person or place
- Fearfulness or depression



RESPOND

## WHAT CAN YOU DO ABOUT ABUSE?

- **REGISTER** for child abuse prevention training to learn more about protecting your child. Go to <http://bit.ly/D2LABusePrevTraining> or email [protectkids@hockymca.org](mailto:protectkids@hockymca.org).
- **TALK** regularly to your child about his or her experiences in YMCA programs, school, sports, and other activities.
- **DROP IN** on your child's programs.
- **TRUST** your instincts. Don't wait to tell us if something seems 'strange.' Speak up.
- Learn to recognize and **WATCH** for warning signs of abuse.
- **LISTEN & WATCH** for signs of your child receiving special attention that other children or teens are not receiving.
- Periodically **ASK** your child these questions:
  - ◇ Is anyone scaring or threatening you?
  - ◇ Is anyone asking you to keep secrets?
  - ◇ Has anyone said anything to make you feel bad?
  - ◇ Is anyone touching you in a way you do not like?
- **EDUCATE** your child about self-protection, including information about strangers and good and bad touches.
- **LEARN** to control the stress level of yourself and family members.
- **COMMUNICATE** with your child and really listen to their concerns.
- **RECOGNIZE** the fact that most abuse happens by people that children know and trust.
- **BECOME AWARE** of your community resources.
- **KNOW** where your children are and who their friends are.
- **TEACH** your children it's not okay to keep secrets from you; that they can always tell you the truth.