Dear Hockomock Area YMCA Members:

As a follow-up to our communication March 5th, our YMCA continues to closely monitor the current public health warnings regarding the worldwide coronavirus (COVID-19) situation.

We want to reinforce our commitment to providing a safe experience for everyone who enters our YMCA and are staying informed of current health concerns.

For the past two weeks, a staff response team has been conducting daily meetings to proactively plan our Y’s response both internally and externally.

We are monitoring information from the CDC website, Mass.gov and our local board of health departments, and are following the recommendations of these agencies.

We all play a role in keeping our community healthy and preventing the spread of germs and illness.

**We are focused on reinforcing the following preventative measures at all of our locations:**

- Our cleaning company and YMCA staff are continuing to sanitize and disinfect our branch buildings thoroughly throughout the day with particular emphasis on high traffic and high touch areas.
- We continue to use a new infection-prevention solution and electrostatic sprayer at all branches on an ongoing basis to disinfect surfaces.
- In our Health & Wellness Centers, we are requiring members to use the provided disinfectant spray and towels to wipe down equipment before use to protect yourself and after every use to help others. Staff will also be disinfecting equipment throughout the day.

**Please remember to use the following preventative measures to help stop the spread of germs:**

- Wash your hands with soap and water for at least 20 seconds. Use hand sanitizer throughout our facilities when soap and water are not available. Hand washing
remains the most effective method of preventing the spread of germs. We have increased our branch signage to remind people to wash their hands.

- Avoid touching your eyes, nose and mouth.
- Cover your mouth when you cough or sneeze, using a tissue or the inside of your elbow.
- Avoid close contact with people who are sick. If you experience flu-like respiratory symptoms or are sick, please stay home.
- If you have traveled or have plans to travel outside of the country, please refer to the [CDC](https://www.cdc.gov) for potential risk or exposure.

For further information, we encourage you to monitor the following links:

- [Center for Disease Control & Prevention](https://www.cdc.gov)
- [Mass.gov State Information](https://www.mass.gov)

As more information, resources or guidance becomes available, we will provide updates on [our website](http://www.hockymca.org). We encourage you to visit our website often.

Thank you.

Sincerely,

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