



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HOCKOMOCK AREA YMCA WHERE LIVES ARE ENRICHED

2016 IMPACT REPORT





FRONT COVER: Summer campers enjoy refreshing swim time building confidence in the water.

In August 2016, Hockomock Area YMCA President Ed Hurley, Board Chairman Brian Earley and Dave Doran gather with Y volunteer leaders — all previous board chairs — at the Doran Family Kids Gym Dedication at our North Attleboro Branch. Photo L-R: Tom Gruppioni, Paul Lenahan, Tom Kimbrel, Dave Doran, Ed Hurley, Jay Barrows, Brian Earley and Steve Clapp.

DEAR FRIEND,

Where Lives Are Enriched. This is what motivates us every day at our Hockomock Area YMCA.

Our passion is connecting with people in our communities to help meet emerging needs. Our commitment is bringing people together to create opportunities that make a meaningful difference in all of our lives. Our cause is our community and at our Y everyone is welcome.

Our cause driven mission is to enhance the quality of life of our members and enrich the fifteen communities we are so proud to serve. We believe in youth development and nurturing the potential of kids, promoting healthy living and encouraging social responsibility.

As a not for profit charitable organization, we are proud our YMCA ensures that every individual and family have access to a Y experience and the essentials needed to learn, grow and thrive. This is made possible through the generosity of our compassionate donors, members, business and community partners, staff and volunteers working together to enhance lives and enrich our community.

Thank you for your investment in the Hockomock Area YMCA and for helping make possible the stories contained in this Impact Report.

On behalf of our Board of Directors and staff colleagues, we are privileged to share these inspiring stories of passion and purpose. We also celebrate the contributions of so many that make our Y an important thread in the fabric of the communities enriched by your support, and in the lives enhanced by our programs and services.

Sincerely,



Brian J. Earley
Chairman, Board of Directors



Edwin H. Hurley
President & CEO



MEET ME AT THE Y WHERE CONFIDENCE GROWS



Memorable family experiences are different for each parent and child. Some last a lifetime, while others are fleeting but just as important to shaping the future of a young person.

According to Tabitha, mother of eleven year old Deziree Holland-Hagan, who prefers you call her “Dez,” her relationship with our Invensys Foxboro YMCA is a big part of Dez’s world, especially when it comes to swimming.

To hear Tabitha put it, “Swimming is her life. She becomes one with the water. It’s her stress reliever, her special place where she can chill. It just gives her life!”

Aquatics continues to be a fundamental program at the center of our YMCA. Swimming, whether you are a competitive high school athlete or someone who enjoys an occasional swim to cool off and unwind, is a part of our shared experience — one that, for millions, is rooted at their local Y.

An important innovative program piloted at our Spier Family Aquatics Center at our Invensys Foxboro Branch in 2016 was our SAW (Safety Around Water) classes — designed to reduce the fear of water, teach kids how to swim and build the foundation for life-long enjoyment around the water. Last summer, 206 summer campers participated in these life-saving classes as part of our expanded Spier Family Splash Program.



“As a parent, the impact is clear in my mind: kids are allowed to be kids at our Y, and at the same time, grow, learn and build great relationships with other kids and the great Y staff.”

– Tabitha Holland-Hagan, parent

The Spiers can be proud that our Y is teaching kids water safety every day.

“We were away with cousins,” notes Tabitha, “when Dez jumped into the water to save her cousin who wasn’t a good swimmer. What she learned at the Foxboro Y saved her cousin’s life.”

Dez wants to become a Y lifeguard one day, as well as a camp counselor.

Experiences like these, handed down from one generation to another, are based on core values that impact us all. To hear Tabitha tell it, “The Y is our family. It’s home for us. It’s seen us through a lot of tough times in our life.”



MEET ME AT THE Y WHERE CAMARADERIE THRIVES

Mary Waltuck is passionate about inspiring purpose. Throughout her life, Mary's list of accomplishments includes being a 16-time triathlete, a 15-time 5K finisher and a two-time Rodman Ride for Kids rider. Mary is also a two-time breast cancer survivor. Mary reflects, "I think cancer gives you a new perspective and appreciation for life."

In 2010, Mary participated in the **LIVESTRONG** at the YMCA program. This is a free 12-week small group training program for cancer survivors and their families designed to motivate participants to reclaim their total health.

Mary reminisces, "At one of my triathlons I learned about the **LIVESTRONG** at the YMCA program from a Y staff person. I was thrilled to participate and my fitness was remarkably improved through the program."

The Y continues to be an important part of Mary's life. A new program was launched in 2015 to provide **LIVESTRONG** at the YMCA alumni motivation to continue their journey with exercise and social connections at our Y. The Living

STRONGER program is funded by the Lunter Family on behalf of **LIVESTRONG** at the YMCA program alumni Elaine and the late Walter Jaworski.

"Both YMCA programs gave me so much and made me want to help others unleash their full potential," exclaims Mary. She encouraged fellow participants to compete in the Y's Triathlon. They trained together for five months and Mary was their biggest cheerleader.

Joan McElwee, another Living **STRONGER** participant said, "I think of Mary as my triathlon training wheels. She inspired the confidence I needed, gently reminding me along the way, 'You got this.' Without her patient coaching, good humor and belief in my ability, I'd probably have been sitting on the sidelines and missed the ride of my life!"

Mary is already planning for this year's Triathlon and expanding the group to more cancer survivors. "What the Y and this program did was help me take something that I love and make it into something that I love even more," says Mary with admiration.



At this year's **LIVESTRONG** at the YMCA Celebration event, Mary received the first Charlie Shannon Volunteer Award. In memory of program alumnus Charlie Shannon, this award recognized Mary's commitment, dedication and passion to our Y's **LIVESTRONG** at the YMCA program.

MEET ME AT THE Y WHERE INCLUSION IS CELEBRATED



The smile is infectious. The smile lights up the room. The smile brings a smile to every face that sees it. The smile belongs to Dennis Gilreath. Dennis is 27 years old and has been coming to the Invensys Foxboro Branch since it opened, when he was a student at Foxborough High School, receiving services through their special needs education department.

Dennis's mom Margaret says, "I love that Dennis spends so much time at the Y. His involvement in our Y's Integration Initiative has significantly impacted Dennis's life in many ways — in ways just like the Y impacts the lives of everyone in the community, with and without disabilities."

When Dennis first started coming to the Y his physical strength was a major issue. He couldn't even pull a shirt over his head. When the Y and a regular workout schedule became part of his life, his physical development improved along with his overall health. The strength issues disappeared.

The Y also had a positive effect on his social development and Margaret states, "The Y is his social circle, both inside and outside the facility. The invitation list to his last birthday was made up of friends he made at the YMCA."

As a young adult Dennis's skills and independence have emerged. Every year at the Unified Olympics state tournament,

our Y sponsored team stays at a hotel, and Dennis proudly reminds his mom, that the overnight is for his team only and she cannot stay, something that warms her heart.

Dennis's mom glows when she talks about her son's friendship with Luke Donaway, a volunteer and staff member at the Y. Luke is 27 years old just like Dennis. He is a peer and that is really important to Dennis and Margaret. "The relationship between Dennis and Luke is real. They're genuine friends," she said.

Margaret says, "Having programs at the Y provides the social inclusion that enhances a quality of life that at times didn't seem possible."

Margaret, hearing that makes all of us smile!



"I want to emphasize the importance to local residents with disabilities of the Y as an enduring community entity. Having an established, ongoing infrastructure that welcomes and supports all residents is a lifeline to people that otherwise have very little opportunity to be involved in social, recreational and community activities."

— Margaret Gilreath



MEET ME AT THE Y WHERE COMMUNITY COMES TOGETHER

Several projects enhanced our YMCA facilities in 2016. At the Hockomock Area YMCA, we have something special: a sense of community where everyone is welcome. Our mission and vision are brought to life by generous donors and community partners who believe in our cause.

ROCKLAND TRUST FAMILY SPLASH PARK



"At Rockland Trust, we believe that every relationship matters with our customers and with the community. We wanted to make a major grant to a community organization we thought has great impact on families and children in the community. And that is the Hockomock Area YMCA. We were thrilled to grant \$250,000 for the creation of the Rockland Trust Family Splash Park at the Bernon Family Branch in Franklin."

— Jane Lundquist
Executive Vice President, Rockland Trust and
President, Rockland Trust Charitable
Foundation

DORAN FAMILY KIDS GYM



"I remember the days when the North Attleboro YMCA was a little wooden building in the center of town. Then, like today, the Y has always been an important, safe place for kids. The Y has grown tremendously and is a vital resource for our community. Anne and I know this kids gym will be a welcome space for kids to enjoy and explore. We can't wait to bring our grandchild here and making memories for years to come."

— Dave Doran
Doran Family Kids Gym,
North Attleboro Branch

ROBBINS FAMILY KIDS GYM



"The Hockomock Area YMCA represents core values that we believe in including family, health and community. The Y provides an opportunity to give back in a way that promotes these values and we are honored to support the Bernon Family Branch and our community with this new kids gym."

— Terry Robbins
Robbins Family Kids Gym,
Bernon Family Branch

GRANDMA'S PLACE – CAMP PAVILION



"The Y was a great place to gather, work, and hang out for our son Paul. The camp's emphasis on core values made the overall camp experience truly transformational. His grandmother loved the effect Camp Wiggi had on him and his friends, and that is why we were so excited to help provide a place for campers to hang out outside and name it for Grandma ... "Grandma's Place."

— Dr. Paula Rooney and Dr. Gerry Shaw
Grandma's Place Camp Pavilion
Bernon Family Branch

THE YEAR IN REVIEW



Integration Initiative participants volunteer at Healthy Kids Day



Our 2016 Reach Out for Youth & Families Annual Campaign Breakfast



Y summer campers enjoying the Best Summer Ever



Campers at our Camp Silver Lake in Bellingham enjoy time on the water



Y Flag Football campers celebrate after playing during halftime of a New England Patriots preseason game



Team Rival, a Norfolk County peer leadership conference at Gillette Stadium



New innovative fitness equipment installed at all branches



A new element called Captain's Challenge was dedicated at the Capt. Kyle Van De Giesen Outdoor Leadership Center



Staff role models reinforce confidence and healthy habits every day



Our YMCA provides a place to belong

WHERE CAUSE MEETS COMMUNITY



Area legislators congratulate 2016 Red Triangle Awardee State Representative Jeff Roy at our Annual Meeting



Kris and Kayla Biagiotti at the Franklin 5K



Kids enjoy exploring at our Rockland Trust Family Splash Park



Legends interact with Integration Initiative team members at our Legends Golf Classic at TPC Boston



New friendships were made at our Milford Summer Food Service Program over a healthy lunch



Our 11th annual Y Triathlon was held at Lake Pearl



Rob Ninkovich receives a signed football from the Y's Unified Flag Football team



Our 2016 Legends Ball Honoree Rob Ninkovich is embraced by Integration Initiative participants



Golf Fights Cancer's Cheryl McGuire receives the LIVESTRONG at the YMCA Community Champion Award



The Christopher R. Morrissey Basketball 4 All Tournament celebrates inclusion

HERITAGE CLUB

The Heritage Club honors all those who have included the Hockomock Area YMCA in their estate plans or have made an outright gift to the Y's endowment fund. The foresight and generosity of these special people will impact our Y and our community for generations to come.

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Bernon Family Endowment for Reach Out for Youth and Families
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Lorraine Hubrich Memorial Scholarship Fund
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† deceased

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Thanks to the inspiring support of our generous donors, our Y awarded \$2,017,570 in confidential scholarships and program subsidies in 2016, providing life-changing experiences for children and families in our community and being there when families need us most.

Our cause is our community and we achieve our mission through the following areas of focus:

YOUTH DEVELOPMENT.

Because we nurture the potential of every child. We are proud to help kids build confidence and discover the world around them; from the youngest in our child care programs, to youth in our summer camps, to teens in our leadership development initiatives.

HEALTHY LIVING.

Because living a healthy lifestyle means living a full, productive life. The Y brings people together, helping thousands of health seekers receive the support and resources they need to strengthen their physical and intellectual health.

SOCIAL RESPONSIBILITY.

Because we strive to be there for our neighbors and our community. With your help, we welcome more than 15,000 people into our Y family through financial assistance and program subsidies. We believe it only takes one person to start a movement, and it starts here and now.

VOLUNTEER LEADERSHIP

In 2016, 1,876 policy and program volunteers have lent their time and talent to create a caring community at our Hockomock Y. These individuals have contributed a total of 31,626 volunteer hours at the Hockomock Area YMCA, an estimated value of \$870,715.

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Angela Davis	Sheila Peterson
Andy Kushner	

NORTH ATTLEBORO BRANCH

Michael Patch, Chair

Blair Deeney	Jared Perkoski
Dwayne DeMond	Neal Reilly
Debra Mark	Stacie Skryz
Mike Michel	Patrick Sullivan
Kelly Pelissier	

BOARD OF INCORPORATORS

CLASS OF 2016

Joe Andruzzi	John Guravage	Cindy Peterson
Mike Antolini	Paul Hubrich	Kevin Poirier
John Barone	Dan Kennedy	Roxanne Richard
Lynda Cekala	Josh Kraft	Don Rodman
Walter Cekala	Dennis Leahy	Jennifer Rowe
John Eva	Jeffrey Marsden	Tina Schaper
Timothy Farmer	Christopher Martes	Dan Waslewski
Brian Gilbert	Marjorie Mitlin	F. Thomas Westcott

CLASS OF 2017

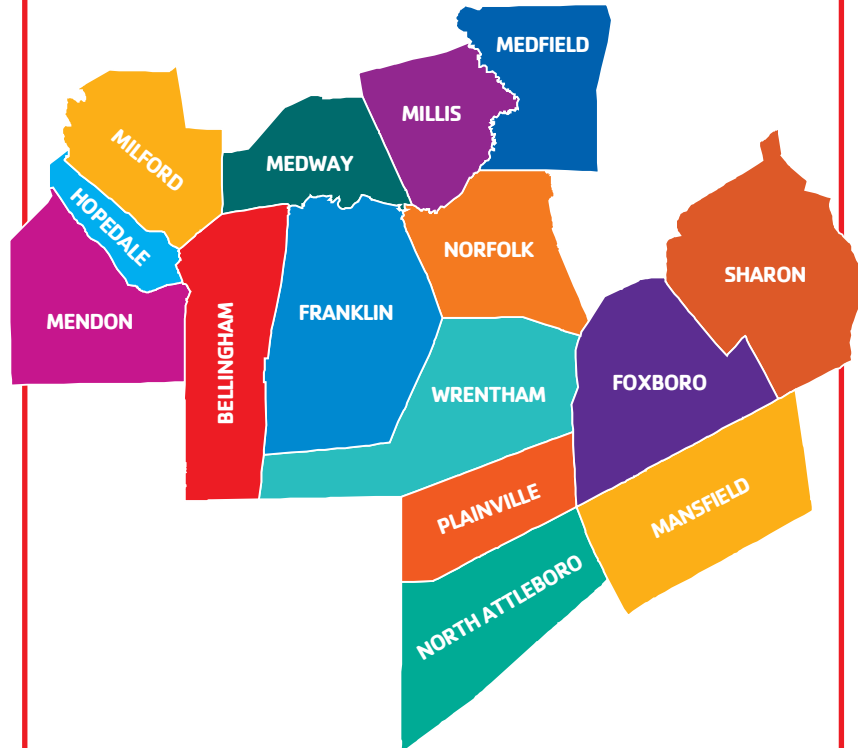
Doug Annino	David Hobaica	Kevin Morrissey
Ray Aubin	Thomas Iovieno	Sharon Mullane
Arthur Barrett	Terry Katsaros	Jennifer Nodelman
Peter Brock	William Keegan	Elizabeth Poirier
Daniel DeYoung	Stephen King	Suzi Robinson
Jay Elias	John Korona	Paula Rooney
Linda Fernando	Kevin Kuros	Maureen Sabolinski
Mark Fisher	Jack Lank	Bart Steele
Tara Frier	Garner LeStage	Ron Tondreault
Timothy Gilmore	Ron Mandeville	
Kathleen Hill	Henry Metcalf	

CLASS OF 2018

Scott Berns	Ted Kelley	Terry Robbins
Richard Bowen	Tim Kenneally	Richard Ross
Jim Cashin	Sharon Kennedy	William Ross
Sandra Cordes-Vaughan	Tom Kimbrel	Jeffrey Roy
Rev. David Costa	Doug King	Frank Saba
Suzan Cullen	Marie Leary	Candace Sallale
Angela Davis	Mark Logan	Jason Shea
Phil Dixon	Jeff Mann	Brian Smith
Steve Doherty	Cheryl McGuire	Debra Spinelli
David Doran	Pat Murray, Jr.	Richard Stevens
Artie Eaton	Lisa Nelson	Alex Vasile
Mike Gallagher	Neal Reilly	

WHERE LIVES ARE ENRICHED

Every day our mission and vision drive us to meet the emerging needs of our 29,799 members and the fifteen communities we are privileged to serve.



2016 BY THE NUMBERS



SERVED 6,350 MEALS TO CHILDREN AND THEIR FAMILIES at our Summer Food Service Program at three locations in Milford.



EMPLOYED 1,213 INDIVIDUALS IN 2016
37% of staff were under the age of 18.



SERVED 6,930 KIDS IN 12 COMMUNITIES THROUGH ADVENTURES IN RESPECT, our bullying prevention program.



PROVIDED \$2,017,570 IN CONFIDENTIAL ASSISTANCE AND PROGRAM SUBSIDIES ensuring our friends and neighbors in need benefit from a YMCA experience.



CELEBRATED THE 10th ANNIVERSARY OF OUR YOUTH THEATRE PROGRAM creating 65 productions with 585 youth and teens at our Mansfield Arts & Education Center.



EXPERIENCED THE BEST SUMMER EVER WITH 10,943 CAMPER SESSIONS last summer. 150 campers with special needs participated in our New Horizons Camps.



1,876 PROGRAM AND POLICY VOLUNTEERS CONTRIBUTED 31,626 HOURS, advancing the mission of our YMCA.



SERVED 854 CHILDREN THROUGH OUR PRESCHOOL AND SCHOOL AGE CHILD CARE PROGRAMS. We are proud to be the largest licensed provider of child care in our service area.



WE PROVIDED FREE OF CHARGE TO AREA HIGH SCHOOLS OUR AQUATICS CENTERS, resulting in 162 athletes having the opportunity to be on a high school swim team.



12,684 TEENS PARTICIPATED IN LEADERSHIP DEVELOPMENT PROGRAMS at our 3 branches, Foxborough High School and The Zone, our downtown Teen Center in North Attleboro.



OUR MISSION

The Hockomock Area YMCA enhances the quality of life of our members and enriches the communities we serve through partnership and collaboration. Our focus is on youth development, healthy living and social responsibility providing programs and services to all regardless of ability to pay.

OUR CAUSE

At the Y, strengthening our community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income, background, or ability, has the opportunity to learn, grow and thrive.



HOCKOMOCK AREA YMCA

Bernon Family Branch

45 Forge Hill Road
Franklin, MA 02038
508.528.8708

Invensys Foxboro Branch

67 Mechanic Street
Foxboro, MA 02035
508.543.2523

North Attleboro Branch

300 Elmwood Street
North Attleboro, MA 02760
508.695.7001

Mansfield Arts and Education Center

40 Balcom Street
Mansfield, MA 02048
508.339.3066

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