



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TOGETHER WE MAKE A DIFFERENCE

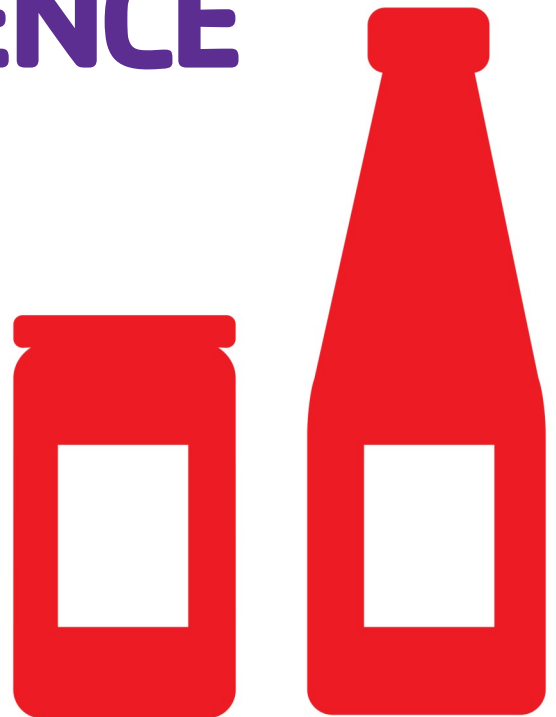
Food Drive at the YMCA

YMCA drop-off locations:

Franklin 45 FORGE HILL RD.

Foxboro 67 MECHANIC ST.

North Attleboro 300 ELMWOOD ST.



Suggested items:

Whole grain cereal (low sugar)
Hearty soups (lentil, minestrone,
vegetable, black bean; low sodium)
Pasta sauce
Canned vegetables (low sodium)
Canned fruit (in 100% juice)
Oatmeal
Whole grain pasta, brown rice or
quinoa

Dry lentils, kidney beans
or black beans
Peanut butter, Sunbutter
White tuna
Spices
Almonds, walnuts, sunflower seeds
100% juices
Bottled water
Olive or canola oil

Paper goods
Personal hygiene items
Food for restricted diets
(gluten or nut free)
Pet food or pet products
Supermarket gift cards
(give directly to Y staff)
Diapers (size 4, 5 & 6)

We continue our dedication to preventing hunger in our communities.

Together we can help our neighbors and friends during these unprecedented times.