



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2016
ANNUAL REPORT

HOCKOMOCK AREA YMCA



**ENHANCING
LIVES
ENRICHING
COMMUNITIES**



DEAR FRIENDS,

Our Annual Report provides an opportunity to look back on 2016 and celebrate the collective accomplishments at our YMCA where cause meets community every day.

The mission of the Hockomock Area YMCA is to enhance the lives of our members and to enrich the communities we serve. With a focus on Youth Development, Healthy Living and Social Responsibility, our programs and services are available to all regardless of ability to pay. We recognize we cannot do this work alone.

Our passion is fueled by our partnerships and collaborations including the individuals and organizations celebrated in the 2016 Annual Report. The impact of these relationships—and so many others—improves the quality of life of our members and friends as together we meet emerging community needs.

Our cause driven vision is inspired by our dedicated volunteers and delivered through the commitment and purpose of our dedicated staff.

We are proud that our Hockomock Area YMCA brings people together who support community and care about each other.

Thank you for being part of our YMCA family and your commitment to enhancing lives and enriching the community.

Sincerely,



Brian J. Earley
Chairman, Board of Directors



Edwin H. Hurley
President & CEO



FRONT COVER:
Hockomock Area YMCA
summer campers

Brian Earley (far left) with
Integration Initiative participants
Peter Willis, Mike McCarthy,
Dennis Gilreath,
and Ed Hurley (far right)

CHAIRMAN'S AWARD

Recognizing outstanding leadership, dedication, and passion working with the Hockomock Area YMCA and enriching the quality of life in our community

The Spier Family

Dedication, passion, and improving the quality of life in our communities are three hallmarks of the Chairman's Award, and it would be hard to find a family that better exemplifies these virtues than the Spier Family—long time Foxborough residents, Y members, and community leaders.

Alex and Sonja Spier—and their son Greg and daughter-in-law Kathy—live by a set of selfless values and a strong desire for easing the burden of others.

Their collective caring for local kids and families moves far beyond their generous philanthropy into the realm of true compassion for the well-being of their neighbors, as expressed through Alex Spier's long-held mission of wanting to leave this world a better place.

The Spier Family name is prominently displayed on the indoor and outdoor aquatics centers at our Invensys Foxboro Branch. The Spiers are also benefactors of our SPLASH program which has resulted in teaching hundreds of local school children how to be safe around water, learn to swim, and begin enjoying swimming as lifelong recreation. This has long been Sonja's passion, one which she continues to share with young families through her support of our Y.

Greg and Kathy have personally committed to enriching lives as local business owners, members of their faith community, and volunteers, noting, "Our family gives to make a positive difference in the community. We volunteer because our hearts feel good when we do. And we advocate and play the role as YMCA ambassadors because we know that the Y's impact results in change in our lives and lifts up our community."

Chairman of the Board Brian Earley frames the important role the Spier family plays as part of our Y family, "They continue to impact our work in profound ways, helping our YMCA maintain our cause driven focus through addressing the emerging needs and gaps with the families we are so honored to serve. All of us at our YMCA will forever be grateful to Alex, Sonja, Greg, and Kathy for their partnership and impact."



The 2012 dedication of the Spier Family Outdoor Aquatics Center



Kathy and Greg take their first plunge



The Spiers family celebrates with YMCA campers

"Our family gives to make a positive difference in the community. We volunteer because our hearts feel good when we do. And we advocate and play the role as YMCA ambassadors because we know that the Y's impact results in change in our lives and lifts up our community."

– Greg and Kathy Spier

CHARACTER COUNTS AWARD

Recognizing outstanding efforts in the community, instilling in children the YMCA values of caring, honesty, respect, and responsibility



Father David Costa with students of St. Mary Sacred Heart School

Father David Costa

All of us at the Hockomock Area YMCA are proud and honored to bestow the Character Counts Award to Father David Costa.

On a Friday evening in the year 2000, Bishop O'Malley of the Fall River Diocese asked a young priest serving in Fall River if he would take a position at a parish on Cape Cod. The young priest pondered the Bishop's request and over the weekend kindly declined the offer.

That Monday morning while at Bishop Connolly High School to hear confessions, Father David Costa heard over the loud speaker that his presence was required immediately in the principal's office. When he arrived he was told, "The Bishop wants to see you now!"

In Bishop O'Malley's office he said, "So you won't go to the Cape. Will you go to North Attleboro?" As Father Costa thought about the question, the Bishop added, "They have a school." He immediately replied, "Yes, I'll go!"

And so it was that Father Dave Costa came to North Attleboro to lead the parishes at St. Mary's, Sacred Heart, and his beloved St. Mary Sacred Heart School where he has taught history and religion, and helps out annually with the theatre production and Christmas Chorus. He also serves as the chaplain at Bishop Feehan High School.

Dave Costa grew up in Catholic schools and when asked what motivated him to the priesthood he quickly replied, "It was the amazing influence of the priests and the nuns while I was growing up." He has now come full circle serving as the role model and mentor for hundreds and hundreds of children that attend St. Mary Sacred Heart School each year under his watchful, caring and compassionate eyes. In any given year he knows the entire population of the school (approximately 270 kids a year) by name.

Father Dave Costa is certainly a man of the cloth and underneath that collar is a man of great character and integrity. He is a man known to his entire community, Catholics and non-Catholics alike. Father Costa considers himself a servant to the whole community. He cites the development and cultivation of relationships as the key motivator that inspires his work.

Father Costa has a true gift when delivering the funeral homily. His ability to bring comfort in times of great grief is legendary. "A funeral Mass is a personal thing," he says, "I try to connect with what made a lost life so special and relevant and how precious that life was in God's eyes." Father Costa's words heal, his compassion is transparent, his persona inspires.

In reflecting on how he has come full circle from a young boy influenced by priests to a priest that models and influences young people years later, he hopes as students grow into adulthood and remember him, that they would say, "He was interested in my life and interested in helping me be a better person."

"As a priest you're invited into people's lives in times of their greatest joys and also during their deepest sorrow. As I try to connect people to God and encourage the use of their faith as a source of strength and inspiration, the gift that I receive is that people connect me closer to God."

- Father David Costa

NORTH ATTLEBORO BRANCH RED TRIANGLE AWARD

Recognizing individuals for their partnership and support of the programs and activities of our Y, meeting the changing needs of our community

The Doran Family

Dave Doran first started going to the North Attleboro YMCA when he was 10 years old. The Y has been important to him ever since. The foundation of the Doran Family value system is giving back, a passion that brings happiness and fulfillment.

After attending Boston College, Dave was a Peace Corps volunteer in the Dominican Republic, another experience that fueled his beliefs. And those beliefs and experiences never drifted too far from the YMCA. It's why he answered the call to serve on the Hockomock Area YMCA's Board of Directors in the early 90s. Dave says, "The Y has meant so much to my family and the local communities."

Anne and Dave's three children matured and thrived at the Y. He marvels at how the Hockomock Y has grown throughout the years and cites the great leadership and management of Y volunteers and staff.

During his time on the board, before he stepped away to help his family take care of their mother, Dave served as treasurer and is proud to have supported the decisions to expand the North Attleboro and Franklin branches, open a program center in Mansfield and build a branch in Foxboro. Dave beams, "Everyone is treated equally at the Y, physically and financially." The organization has remained a point of focus for the Doran family since that 10-year-old first walked through the doors. Dave currently serves on the Y's Board of Incorporators.

When Dave and Anne decided to make another capital contribution to his hometown Y in North Attleboro, they embraced the concept of a new kids gym. Inspired by Anne's career as a kindergarten teacher and their grandson Elliott, the Doran Family Kids Gym was dedicated on August 26, 2016.

Dave and Anne Doran live a life rooted in philanthropy. Not just to the Y, but to other causes and organizations important in their lives. His successful business requires trips to Asia 4 or 5 times a year. You might think he would fly business class, but he does not. When asked about the significance of his philanthropic investments he and his wife make to enhance the lives of others and enrich the community where they live, he simply notes, "That's why Anne and I fly coach."



Dave and Anne Doran celebrate the 2016 dedication of the Doran Family Kids Gym



YOUTH OF THE YEAR

Recognizing youth members of the Hockomock Area YMCA who, as a result of their commitment and dedication, make a positive impact on our YMCA and the community

Ryan McCormack Invensys Foxboro Branch

Foxborough resident Ryan McCormack recalls his earliest Y memories learning how to swim and participating in camp and gymnastics at the age of 3 at the North Attleboro Branch. When our Invensys Foxboro Branch opened, Ryan joined the Leaders Club in 7th grade. Ryan recalls one of the first Leaders Club meetings, "I made the mistake of letting people see me smile. My peers took note of that and said, 'let me see more of that.' Over time I became a much happier person."

A senior at Foxborough High School, Ryan is Leaders Club president at our YMCA. He has attended every Leaders Rally. He has also attended YMCA Leaders School, a week long teen leadership retreat. When asked what motivates him to attend, Ryan explains, "I've learned so much about myself and others. I've made many strong connections through these experiences which have profoundly shaped how I live my life. With each experience, I want to take on the world." Ryan encourages his peers to attend. "My goal is to have people apply what they learn at Leaders in their everyday life. It means so much more when you bring it into the community."

Ryan leads the way with his peers, facilitating bingo at senior centers, participating in cause walks, organizing a rock-a-thon event and even producing music to benefit the Y's annual campaign. "At the Y you can make a difference in people's lives. It's really special." Ryan's warm and accepting personality shines when he says, "The Y has pushed me to dream bigger and to have confidence in my ability as a young person to share what I can do and contribute. I would not be half of who I am today without the YMCA, without Leaders, without all the programming I've done here. Being surrounded by so many people who have a passion for making the community a better place inspires me."

After graduation, Ryan aspires to study marketing and communications with a focus on advertising and media production. "Without a doubt the impact the Y has had on my life is going to continue through everything I do. That's the most wonderful thing I've gained here. It doesn't stop here. It spreads into all I do and will do."

"The Y has pushed me to dream bigger and to have confidence ..."

- Ryan McCormack

"I came to see that I need to do my best for all the kids, and the community."

- Hailey DeMello

"As camp counselors, our main goal is to make our campers feel included and valued."

- Liam Comery-Warren



Hailey DeMello Bernon Family Branch

Hailey DeMello, a senior at Franklin High School, is an accomplished young woman whose experience as a camp counselor at our Bernon Family Branch is one of the early highlights in a bright future full of possibility.

As a high school freshman Hailey performed 150 hours of service, becoming our first summer camp cadet to earn the High-Five Award. Reflecting on her experience she said, "I'll always remember that as a moment when I said to myself, 'I know I can do this.'"

Summer camp taught her what it is like to value herself and others. "I'd never been to camp before and I absolutely fell in love."

Hailey was elected to the executive board of the Y's Leaders Club. She is captain of this year's Relay for Life team, works in our Y's after school child care program while also helping out in other Y departments including aquatics, sports, and membership.

"What I love about the Y is they're always pushing me to do my best. You're set up for success from the minute you walk in the door. If I was telling someone to come to Leaders I would say, it makes you a better person. Period. It just makes you a better person."

In Hailey's second summer on Y staff she led her own group of campers. She beams, "I was way more confident because I had all these tools to use after a full year in Leaders."

"I came to see that I need to do my best for all the kids, and for the community. There are so many people that need help. I never would have reached out to a battered women's shelter if I had not had the experiences I've had here. When you grow up in Franklin, you think no one needs help. It's a nice suburban community, everyone's pretty well off. When you work here, you realize, wow people need help. A lot of the work the Y does goes unnoticed. But we do it anyway. Because it's helping people who need it."

Hailey leaves this fall to pursue a dual degree in history and communications at the University of New Hampshire preparing for a career in secondary education or public relations opting for an environment that's very positive—like the Y.

Ryan McCormack

Hailey DeMello

Liam Comery-Warren North Attleboro Branch

Liam Comery-Warren, a senior at Mansfield High School, describes himself as a true kid at heart. Working and volunteering in Y departments including Camp, School's Out and Sports, Liam enjoys walking into the Y and seeing smiling, familiar faces.

Liam was a member and camper of a YMCA in Connecticut as a child. When he and his family moved to Mansfield in 8th grade, they became members of our North Attleboro Branch. Liam joined Camp Elmwood as a counselor-in-training (CIT), working his way up to a cadet and last summer, as a camp counselor. Reflecting on his camp experience, Liam says, "As camp counselors, our main goal is to make our campers feel included and valued. When we have fun, they have fun. When campers are happy, we are happy. I love to be here. I have worked at other places but I've never had friends like I have made at the Y."

It was Liam's YMCA friends who encouraged him to join the Y's Leaders Club. Liam immediately made an impact—working on Y projects such as Movement 84, a youth group advocating for a tobacco-free generation. Liam is a peer facilitator and has attended the Massachusetts State House. Liam also volunteers at Camp Sunshine with Y peers, a Maine camp for children with life-threatening illnesses and their families.

When reflecting on his experiences at the Y Liam says, "I have gained confidence and responsibility. As a CIT, I was quiet; I didn't speak up too much. Y staff lead by example and encourage others. They encouraged me. I became more vocal and more passionate in all areas of my life because of the Y."

Liam will be continuing as a camp counselor before furthering his education this fall at Quinnipiac University, majoring in education. Liam aspires to be a history teacher. "I want to be like those great teachers at my school as well as the role models I have at the Y. What I've learned at the Y are lessons I'll carry with me forever. I have become a better person for having the Y in my life."

Liam Comery-Warren



BERNON FAMILY BRANCH RED TRIANGLE AWARD

Recognizing individuals for their partnership and support of the programs and activities of our Y, meeting the changing needs of our community



Jeff Nutting (far right) with Ed Hurley, Brian Earley, Scott Martin, Rockland Trust's Terry Katsaros and Jane Lundquist at the Rockland Trust Family Splash Park Ground Breaking Ceremony

Jeff Nutting

The Hockomock Area YMCA is proud and honored to present our Bernon Family Branch Red Triangle Award to Franklin Town Administrator Jeff Nutting. Jeff has always been an active, caring partner to our Y. He is committed to enhancing the quality of life in the town of Franklin and has served as a key collaborator and community partner who is always there to help. "I believe the Y strengthens community. That's why when the Y calls, I'm always eager to help because I know they give it back tenfold," says Jeff.

Jeff Nutting has been Franklin's Town Administrator since 2001. He remembers one of the first calls he received in the community was from the Hockomock Area YMCA. The Y needed help with community access on Forge Hill Road and Jeff was eager to assist. Over the years, Jeff has been a steadfast supporter of the Y's projects including the expansion and renovation of the branch and parking lot, the ropes challenge course, our Healthy Futures initiative, and the addition of the Rockland Trust Family Splash Park.

"In a difficult world, the Y offers opportunities for so many people whether it is a respite for those who might be struggling emotionally or financially, or a supportive place for people and families to exercise and be active." Jeff fondly recalls watching his two daughters Kathryn and Caroline learn to swim at the Franklin Y—both girls becoming lifeguards in the community in later years.

Personally and professionally, Jeff says the Y creates a sense of purpose. "I don't know how Franklin would operate without the Y. The Y is a community within a community and that's a big missing ingredient in the world today. Trying to keep community going keeps me motivated to continue to partner with the YMCA because I can't imagine our town, our world without the Y."



INVENSYS FOXBORO BRANCH RED TRIANGLE AWARD

Recognizing individuals for their partnership and support of the programs and activities of our Y, meeting the changing needs of our community

MGA Links at Mamantapett

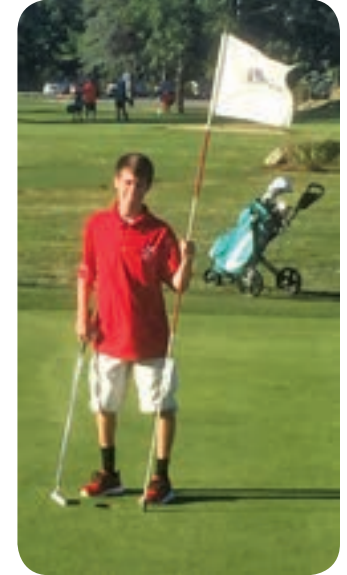
The relationship between the Massachusetts Golf Association's (MGA) Links at Mamantapett and the Hockomock Area YMCA is a shining example of the positive, life-long impact on kids that occurs when we work together to teach important life skills and values through sports and recreation.

What began as a partnership 12 years ago when MGA Links invited Y youth members to participate in summer programming, has evolved into a strong and impressive collaboration where kids—through The First Tee program—build character, learn life-enhancing skills, and practice making healthy choices while learning the game of golf.

To hear Joe McCabe, The First Tee's Executive Director in Massachusetts, describe it, the MGA's relationship with the Y goes way beyond teaching the skills of the game. "It's much more than the sport of golf. It's much, much bigger. For us, as part of our relationship with the Y, it's about kids learning values and having a great and safe experience that they will remember for a lifetime."

The nine core values and nine healthy habits taught through The First Tee are imparted to all our Y youth golfers, including our Integration Initiative participants and mirror the Y's traditional core values and our focus on healthy living, youth development, and social responsibility.

MGA Executive Director Jesse Menachem speaks to the future of their relationship with the Hockomock Area YMCA and his unbridled commitment to making golf more accessible to juniors in the Commonwealth, "It's about the Hockomock Area YMCA's strong reputation in the community, especially with kids and young families. We will continually align ourselves with organizations that positively affect kids, and look forward to many more years of our special relationship with the Y which will continue to impact our success."



The Hockomock Area YMCA's unified golf team enjoys learning the game of golf weekly in the summer at MGA Links



WHERE CAUSE MEETS COMMUNITY



Our 2016 Legends Ball Honoree Rob Ninkovich celebrates with members of our Y's unified flag football team



STEM curriculum is incorporated into our early learning programs



New Horizons campers challenge themselves on our ropes courses



Participants in our LIVESTRONG at the YMCA program reclaim their total health



Stop & Shop and Y staff prepare healthy living bags for Healthy Kids Day families at Patriot Place



Campers experience new things and gain confidence at Y summer camp



Integration Initiative participants smile as they acknowledge the crowd at the 2016 Legends Ball



Nutritious lunches were prepared each day for youth and families at our Milford Summer Food Service Program



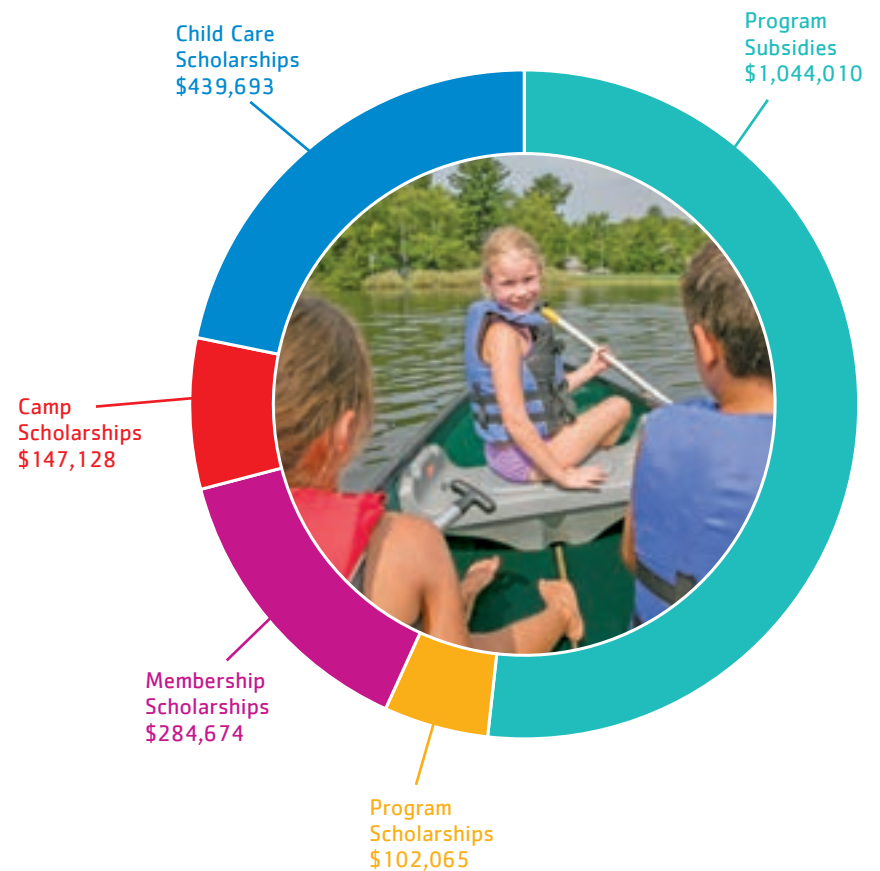
Golf Fights Cancer's Cheryl McGuire receives the YMCA Community Champion Award

2016 FINANCIAL STATEMENT

	2016	2015
PUBLIC SUPPORT AND REVENUE		
Public Support		
Capital Campaign	(\$680)	\$5,977
Annual Support Campaign	669,999	672,871
Contributions	384,789	636,917
United Way	29,000	32,001
Special Events	338,935	242,197
Revenue		
Program Fees	9,548,372	8,665,131
Membership Dues	7,621,251	7,220,556
Investment Income	47,551	54,644
Net Investment Gain (Loss)	214,496	(26,906)
Loss on interest rate protection	(108,749)	(93,581)
Other Income	164,788	81,675
Total Public Support and Revenue	18,909,752	17,491,482
EXPENSES		
Programs Expenses	14,760,014	13,674,106
Support Services	2,267,199	2,090,204
Depreciation and Amortization	1,446,042	1,385,506
Fund Raising Expenses	394,342	376,996
Total Expenses	18,867,597	17,526,812
Change in Net Assets	\$42,155	(\$35,330)

2016 SCHOLARSHIPS AND PROGRAM SUBSIDIES

In 2016, the Hockomock Area YMCA provided \$2,017,570 in scholarship and program subsidies. Program subsidies include our LIVESTRONG at the YMCA, our YMCA's Diabetes Prevention program, our Integration Initiative, and our Teen Centers and Programs. The following chart shows the breakdown of this critical support provided to children and families in our community.





HOCKOMOCK AREA YMCA



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Paul Lenahan, Treasurer
Tim O'Neill, Assistant Treasurer
Maureen Wilkinson, Secretary

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Darlene Guenette	Faith Weiner
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John LaRocca	Jim Tomaszewski
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Dwayne DeMond	Neal Reilly
Debra Mark	Stacie Skryz
Mike Michel	Patrick Sullivan
Kelly Pelissier	

Bernon Family Branch

45 Forge Hill Road
Franklin, MA 02038
508.528.8708

Invensys Foxboro Branch

67 Mechanic Street
Foxboro, MA 02035
508.543.2523

North Attleboro Branch

300 Elmwood Street
North Attleboro, MA 02760
508.695.7001

Mansfield Arts and Education Center

40 Balcom Street
Mansfield, MA 02048
508.339.3066

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OUR MISSION

The Hockomock Area YMCA enhances the quality of life of our members and enriches the communities we serve through partnership and collaboration. Our focus is on youth development, healthy living and social responsibility providing programs and services to all regardless of ability to pay.

