



MEMBER UPDATE

HOCKOMOCK AREA YMCA

March 26, 2020

Dear Hockomock Area YMCA Members,

On behalf of all of us at the Hockomock Area YMCA, we hope that you, your family, and loved ones are safe and well as all of us deal with this unprecedented public health crisis. We urge you to continue to follow all of the protocols recommended by the Commonwealth of Massachusetts, the CDC, and other sources.

Here at our YMCA we are proud of the vital mission work we continue to provide to those in need.

On Monday, as approved by the State, we began providing emergency [drop-in childcare](#) programming at our branches in Foxboro and Franklin for first responders, medical personnel, and other essential personnel who have no other option. Our enrollment has increased every day this week, and our childcare staff are doing a great job delivering this critical community need.

If you know of someone in need of care, please have them contact Kim Jennings at kjennings@hockymca.org or 781-879-6271.



The community need for our [food distribution](#) initiative continues to grow. Yesterday at our three branch locations in North Attleboro, Foxboro and Franklin we distributed 259 bags of much appreciated food for local families in need.

In partnership and collaboration with school nutrition and many other community partners, we are providing grab and go meals Monday through Friday in North Attleboro at the Community School and in Milford at the Memorial Elementary School. To date we have provided 5,729 meals.

It is with heartfelt gratitude that I acknowledge and thank all of our community partners and Y members, friends and donors for their extraordinary [generosity](#) during this time of need.

All of our Y branches have collection bins for non-perishable food donations available for drop off 7 days a week. The response from our members and our community has been heartwarming. But the demand will continue to grow in the coming days and weeks. For updated information, please [click here](#).



Our Health & Wellness staff colleagues are putting together [virtual fitness workouts](#) for you so you can stay active at home. So far we have 34 videos on our [You Tube page](#) – everything from yoga, total body conditioning, step, kickboxing, dance, chairlates, tabata, barre and more!



We are also streaming live virtual workouts with your group exercise instructors on our [Health & Wellness Facebook page](#). Please like our page to be alerted to what we are sharing. You'll also see our Nutrition team sharing recipes and tips every day as well.

We miss you all and we want to stay connected virtually. See the footer below for all the ways to connect with your YMCA.

Needless to say, these are challenging times that none of us could have predicted just a few short weeks ago. Despite the social distancing that is required these days, let us not miss the opportunity to benefit from social connection. Technology and social media offer great opportunities to still stay connected. But let's also pick up our phones to check on our friends and loved ones more. Our YMCA is calling our senior members to check on them.

As our YMCA has always done, we will face these challenges head on and continue to do whatever we can to meet the incredible community need that exists all around us.

Thank you for being part of our Y family. Your membership and support will never be taken for granted.

Stay safe and be well.

Sincerely,



Ed Hurley
President
Hockomock Area YMCA



HOCKOMOCK AREA YMCA | Foxboro, Franklin, North Attleboro, Mansfield, MA

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