



HOCKOMOCK AREA YMCA

FLIP OUT FOR REACH OUT

FLIP FEST 2022

Join us for our 11th annual **FLIP FEST** hosted by the
Gymnastics Department
Saturday May 21st—Friday May 27th

Raise **ANY** amount to
receive a custom flip fest
bracelet

Raising **\$25** donates a
youth membership for a
month and you receive a
medal

Raising **\$50** donates a bag
of food to a family for a
week and you receive a
t-shirt

Raising **\$150** donates 3
months of programming
and you receive a leotard

Raise **\$250** and receive a
leotard, one month of free
programs, and donates 1
week of gymnastics camp



Flips can be of any nature, for all levels, and include beginner rolls to advanced skills

FLIP OUT FOR REACH OUT FLIP FEST 2022



Gymnast Name: _____ Email: _____
 Address: _____ City: _____ State: _____ ZIP: _____
 Class Name: _____ Day: _____ Time: _____

Name & Address	Pledge	Per Flip	Fixed Pledge	Collected
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	X	= \$	Or \$ Yes/No
	\$	x	= \$	Or \$ Yes/No

PLEASE MAKE CHECKS PAYABLE TO THE HOCKOMOCK AREA YMCA

I completed _____ flips and raised a total of \$_____ for the Reach Out Campaign!

If you raised \$50 or more:

T-shirt Size

- Child Small
 Child Medium
 Child Large
 Adult Small
 Adult Medium
 Adult Large
 Adult Extra Large



If you raised \$150 or more:

Leotard Size

- Child Small
 Child Medium
 Child Large
 Adult Small
 Adult Medium
 Adult Large
 Adult Extra Large

Release of Liability

All proceeds from this event benefit The Hockomock Area YMCA Reach Out campaign and are 100% tax deductible.

Permission to participate:

I understand that gymnastics is a physical activity with inherent risk to participate. By participating, in this event, and signing this form, I release liability. I/We agree that the Hockomock Area YMCA, instructors, volunteers, or staff; will not be held responsible for any injuries or incidents that should occur during the time of said activity.

Parent/guardian Signature: _____ Date: _____