Reach Out is our Hockomock Area YMCA's annual campaign that ensures we continue to address diverse, emerging, and critical human needs across the 15 communities we serve. In 2021, \$2,189,621 dollars were given out in scholarships and program subsidies. In addition to helping families with paying for memberships, camps, programs and more the Y has continued to serve our friends and neighbors challenged with food security and we have given out over 400,000 meals and more than 50,000 bags of groceries since the beginning of the pandemic.

Each year the Hockomock Area YMCA encourages Y members, volunteers, neighbors, partners, collaborators, vendors and friends in the community to join us in raising funds to provide confidential scholarship assistance and program subsidies for those facing challenges in their lives. There are many ways that you can get involved and make a difference.

- \$2500 Sponsors a child for a full summer of camp at one of our 3 branches, so they can have the best summer ever!
- \$1000 Provides a one adult family with membership for one year.
- \$500 Supports one participant through Weigh to Change program, which focuses on a healthy diet and exercise.
- \$250 Funds a youth membership for one full year allowing them to learn, grow, and thrive within the Y.
- \$100 Allows the opportunity for 3 nutrition coaching sessions for an individual.
- \$50 Provides a child with one month of youth programming like swim, gymnastics, sports, or enrichment

Donations can be made by visiting www.hockymca.org/give, via venmo @hockymca, or by filling out the attached pledge sheet and mailing to 300 Elmwood St. North Attleboro, MA 02760. Make sure to include employer information if the company you work for has a matching gift program!



"The Y supports strong bodies, minds, and spirits of all of its members and understands the value of lifting each other up in times of need. Life is uncertain. I'm forever grateful to the Y. The works of the Y are so worthy of your support and attention"

- A Grateful Scholarship Recipient